

# Sauna Rehabilitation

## **RECOMMENDED SAUNA REPLACEMENT SCHEDULE**

A durable sauna begins with a quality product and is sustained by a sound maintenance program. If you follow the recommended cleaning, inspection and rehabilitation steps outlined here, then your saunas will last longer.

Repair and replacement needs are easy to assess. Most of the work can be accomplished by your maintenance staff. If not, reputable carpenters and electricians are your best source for help. Guidance is always available through Am-Finn Sauna & Steam, even if we cannot be on site.

## **SAUNA BENCHES/FLOORING: 3-5 Years**

- Check frequently for broken or loose slats and fasteners. Sand out stains with a flat block sander.
- Clean benches, walls and floor with mild soap (such as Ivory liquid or equivalent). DO NOT use a cleanser any stronger than soap. Sponge on the soapy water and sponge it off.
- DO NOT use a water hose on the wood.

## **SAUNA HEATER**

- Retain a licensed and insured electrician to check frequently for shorts, loose or frayed wires, burned out heating elements, properly functioning high limit switch or thermostat, etc. The heaters used by Am-Finn Sauna are stainless steel and carry a 10-year warranty on the shell. We expect the heater to function well past 10 years. Usage and maintenance are the biggest factors in longevity.
- Clean rocks frequently and check the rock container for loose debris. Immediately remove any broken rocks so they do not form a grit and damage the pan. The heater's safety guard fence in good and sturdy repair according to U.L. installation instructions.

## **SAUNA ROOM: 10-15 Years**

Commercial saunas that are subject to high usage should be replaced or completely refurbished every 10-15 years. A sound maintenance program and periodic replacement of benches and flooring can lengthen this interval.



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